



Breakfast

Juices

Juices	
Fresh natural juices just squeezed Orange, grapefruit, watermelon, pineapple, papaya & carrot Fruits & milk mix	\$35.00 \$34.00
Fruits	
Plate of fresh fruits with honey and granola Plate of fresh fruits with cottage cheese	\$55.00 \$55.00
Cereals & Yogurts	
Variety of cereals to choose all bran, corn flakes, granola and more (served with milk)	\$17.00
Natural, light or flavoured	\$17.00
Bakery	
Croissant, muffins, assortment of Danish or Mexican bakery (5 pieces) French toast with raisin and nuts	\$30.00 \$50.00
Hołcakes y Waffles	
Natural or with chocolate	\$55.00
Eggs	
Selection of fresh eggs, scrambled, omelette or fried	\$65.00
(served with ham, crispy bacon, cheese, mushroom or plain)	\$60.00
Mexican scrambled eggs with tomato, Serrano chilli and onion (served with refried beans and fresh cheese)	\$60.00
Eggs with dried meat and tomato sauce	\$65.00
Fried eggs in ranch style sauce	\$60.00
Continental Breakfast	
Your choice of juice, assorted breakfast pastries, fresh fruits and choice of freshly	
brewed coffee, tea or milk	\$90.00
American Breakfast	
Two eggs of any style with your choice of ham, bacon or sausage, season breakfast potatoes, your choice of toast, juice and coffee.	\$110.00





Lunch and Dinner

Appetizers	and	Sal	ads
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Chicken fingers with orange lemon sauce Mozzarella nachos	\$70.00 \$75.00		
Fresh salad with pasta and basil vinaigrette	\$80.00		
Melted cheese, plain or with peppers or chorizo	\$80.00		
Shrimp seviche	\$100.00		
Caesar salad with scallops and focaccia	\$100.00		
Soups			
Tlalpeño soup	\$50.00		
Tartilla soup with cheese and avocado	\$45.00		
Poblana soup with chicken	\$65.00		
Entrées			
Linguini with chicken breast parmigiana	\$85.00		
Chicken breast marinated in maple syrup with mashed potato	\$95.00		
Grilled beef skirt Pan-fried robalo	\$115.00 \$120.00		
Beef fajitas	\$130.00		
Spaghetti with seafood	\$140.00		
Beef à la Tampiqueña	\$155.00		
Sandwiches & Hamburgers			
Hot dog with American cheese and French fries	\$45.00		
Club sandwich	\$50.00		
Hamburger with cheddar cheese and bacon	\$70.00		
Crispy chicken baguette with gravy	\$75.00		
Desserts			
Chocolate marble cake with Frangelico	\$40.00		
Banana flan with caramel sauce	\$25.00		
New York cheese cake	\$40.00		
Corn cake with vanilla sauce	\$35.00		
Almond ice cream cake	\$40.00		
Beverages			
Regular or Decaf coffee	\$26.00		
Cappuccino or Espresso	\$40.00		
Hot chocolate	\$30.00		
Selection of teas Lemonade, soft drinks, bottled water	\$34.00 \$34.00		
Lemonade, son anniks, pomea water	\$26.00		







All-Day Menu Soups / Salads

Mediterranean Grilled Chicken Salad

Skinless chicken breast grilled and served over a tossed salad of lettuces, vegetables, and feta cheese and topped with lemon vinaigrette.

Fat 16g Saturated Fat 7g Cholesterol 35mg Carbs 43g Protein 32g Calories 460 \$85.00

Greek Bread Salad

Lightly toasted whole-wheat bread topped with fresh tomatoes, Greek feta cheese, red onion, and Greek oregano.

Fat 14g Saturated Fat 5g Cholesterol 35mg Carbs 36g Protein 11g Calories 100 \$80.00

Southwestern Chicken-Cilantro Soup

Diced chicken, simmered with sautéed onion, celery, garlic and tomato juice.

Topped with tortilla strips, chopped cilantro, and diced avocado.

Fat 16g Saturated Fat 1.5g Cholesterol 35mg Carbs 17g Protein 14g Calories 210

\$85.00

Sandwiches / Entrées

Smoked Turkey Panini

Smoked turkey breast, Monterrey Jack cheese, spinach, and onions with a red pepper pesto dressing in a whole-wheat ciabatta bread.

Fat 18g Saturated Fat 5g Cholesterol 55mg Carbs 33g Protein 26g Calories 400 \$135.00

Roasted Vegetable and Sun-Dried Hummus Wrap

Roasted peppers, mushrooms, onions, and zucchini with sun-dried tomato hummus in a wholewheat tortilla wrap, served with pasta salad and black bean salsa. Fat 10g Saturated Fat 1g Cholesterol Omg Carbs 16g Protein 17g Calories 530

Grilled Chicken Muffuletta Sandwich

\$110.00

Grilled chicken breast layered with melted, smoked mozzarella cheese, finely chopped olives, capers, onions, oregano, and basil topped with stewed tomatoes and served on focaccia bread. Fat 13g Saturated Fat 2g Cholesterol 125mg Carbs 30g Protein 66g Calories 560 \$125.00

Alder-Planked Salmon

Baked salmon accompanied by roasted new potatoes, steamed asparagus, and sautéed spinach with red grape tomatoes.

Fat 19g Saturated Fat 6g Cholesterol 96mg Carbs 38g Protein 34g Calories 450 \$145.00

Kentucky Onion Rib Eye

Steamed asparagus stacked with a sweet potato purée, then topped with a 5 oz. rib eye steak and served with onions sautéed in a bourbon and chilli sauce.

Fat 12g Saturated Fat 4.5g Cholesterol 110mg Carbs 46g Protein 48g Calories 460 \$140.00